

JANUARY



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

The earliest documentation of fireworks dates back to 7th century China. They were invented more than 2000 years ago in China.

China is the largest manufacturer and exporter of fireworks in the world. 90% of all fireworks originate from here.

In 1240 the Arabs acquired knowledge of gunpowder. A Syrian named Hasan al-Rammah wrote of fireworks using terms that suggested he derived his knowledge from Chinese sources.

The first recorded fireworks in England were at the wedding of King Henry VII in 1486.

At first fireworks were only orange and white. In the Middle Ages new colors were achieved by adding different salts. The hardest color to create is blue.

6

Pancakes
OR
Cereal

Korean Beef
over Rice
OR
Italian Sub

7

Cheese Omelet
OR
Cereal

Nachos
OR
PB & J

8

Cinnamon Roll
OR
Cereal

Orange Chicken
OR
Anytimers

Steamed Veggies

9

Peanut Butter & Crackers
OR
Cereal

Pizza Rippers
OR
Caesar Salad

10

**No
School**

13

Waffles
OR
Cereal

Beef Mac
OR
PB & J

14

Pancake Stacker
OR
Cereal

Hot & Spicy Chicken Sandwich
OR
Italian Sub

Brownie

15

Donuts
OR
Cereal

Cheese Tamale
OR
Southwest Salad

16

Pancake Sausage
on a Stick
OR
Cereal

Breakfast Sandwich
OR
Breakfast Pizza

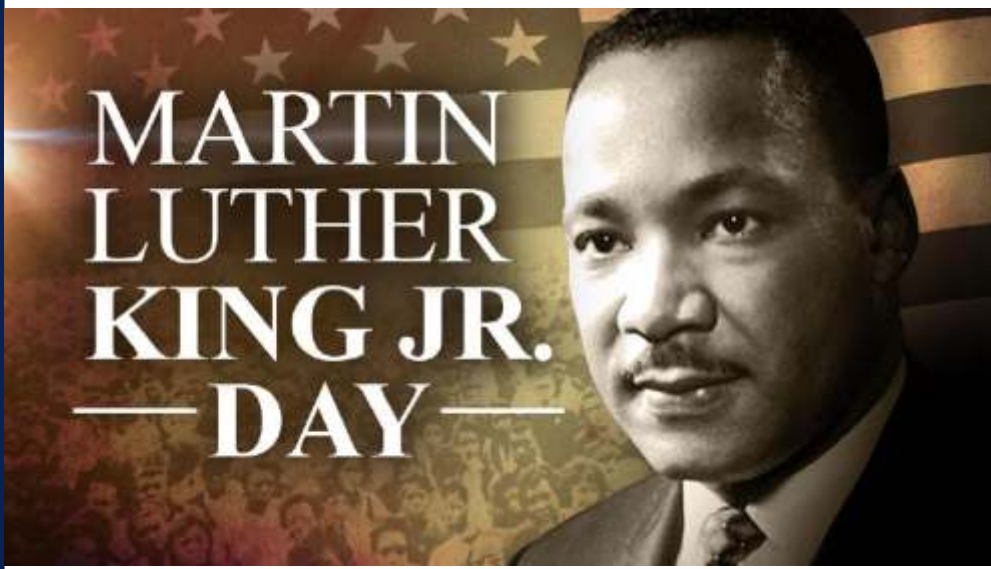
Yogurt

17

Muffin
OR
Cereal

Corn Dog
OR
Egg Salad Sandwich

20



21

French Toast Sticks
OR
Cereal

Lasagna Roll Up
OR
Turkey Club Sandwich

22

Biscuit & Gravy
OR
Cereal

Philly Cheese Steak Sandwich
OR
Harvest Salad

Side Kick

23

Sweet Bread
OR
Cereal

Chicken Drumstick with
Mac & Cheese
OR
PB & J

Peas

24

Yogurt
OR
Cereal

Cheese Pizza
OR
Chicken Wrap

27

Pancakes
OR
Cereal

Chicken Parmesan
OR
PB & J

28

Cheese Omelet
OR
Cereal

Rib-B-Q Sandwich
OR
Chicken Salad Sandwich

Green Beans

29

Cinnamon Roll
OR
Cereal

Enchiladas
OR
Italian Sub

30

Breakfast Pizza
OR
Cereal

Country Fried Steak with
Mashed Potatoes
OR
Greek Salad

Dinner Roll

31

Peanut Butter & Crackers
OR
Cereal

Chicken Tenders
OR
Turkey Club Sandwich

Mana Academy Lunch Menu